

الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ، سُبْحَانَهُ أَسْرَى بِعَبْدِهِ لَيْلًا مِنَ الْمَسْجِدِ الْحَرَامِ
إِلَى الْمَسْجِدِ الْأَقْصَى، وَأَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ،
وَأَشْهَدُ أَنَّ سَيِّدَنَا مُحَمَّدًا عَبْدُ اللَّهِ وَرَسُولُهُ وَصَفِيُّهُ مِنْ خَلْقِهِ وَخَلِيلُهُ،
اللَّهُمَّ صَلِّ وَسَلِّمْ وَبَارِكْ عَلَى سَيِّدِنَا مُحَمَّدٍ وَعَلَى آلِهِ وَصَحْبِهِ أَجْمَعِينَ،
وَعَلَى مَنْ تَبِعَهُمْ بِإِحْسَانٍ إِلَى يَوْمِ الدِّينِ.

All praise is due to Allah. Exalted is He Who took his Servant from Al Masjid Al Haram to Al Masjid Al Aqsa. I testify that there is no deity but Allah, One without partner, and I bear witness that Muhammad is His dearest Servant and Messenger. May the peace and blessings of Allah be upon His Prophet Muhammad, his family, his companions and those who follow in their footsteps until the Last Day.

Lessons of Isra – Mi'raj

فَإِنَّ مَعَ الْعُسْرِ يُسْرًا إِنَّ مَعَ الْعُسْرِ يُسْرًا

For indeed, with hardship will be ease. Indeed, with hardship will be ease (94:6)

10 years of Makkan persecution and pain, followed by loss of Khadija – Abu Talib; emotional, physical pillars of protection, and torture of Taif

وَاصْبِرْ وَمَا صَبْرُكَ إِلَّا بِاللَّهِ وَلَا تَحْزَنْ عَلَيْهِمْ وَلَا تَكُ فِي ضَيْقٍ مِّمَّا يَمْكُرُونَ إِنَّ اللَّهَ مَعَ الَّذِينَ اتَّقَوْا وَالَّذِينَ هُمْ مُحْسِنُونَ

And be patient, O Muhammad, and your patience is not but through Allah. And do not grieve over them and do not be in distress over what they conspire. Indeed, Allah is with those who fear Him and those who are doers of good. (16:127-128)

Allah's Honour – Reward – Divine Support – Love – Comfort

سُبْحَانَ الَّذِي أَسْرَى بِعَبْدِهِ لَيْلًا مِّنَ الْمَسْجِدِ الْحَرَامِ إِلَى الْمَسْجِدِ الْأَقْصَى الَّذِي بَارَكْنَا حَوْلَهُ لِنُرِيَهُ مِنْ آيَاتِنَا إِنَّهُ هُوَ السَّمِيعُ الْبَصِيرُ

Exalted is He who took His Servant by night from al-Masjid al-Haram to al-Masjid al-Aqsa, whose surroundings We have blessed, to show him of Our signs. Indeed, He is the All-Hearing, the All-Seeing. (17:1)

Lessons of Isra – Mi'raj

- **Purity of Heart:** "The roof of my house was opened while I was in Makkah, and Jibril came down and opened my chest, then washed it with Zamzam water. Then he brought a vessel of gold filled with wisdom and faith, and poured it into my chest. (Tafsir ibn Kathir)
- **Choose Good Companions/Friends In Life– Gibrael** عليه السلام
- **Leadership:** "Thereafter, I entered Bait Al-Maqdis where all the Prophets were assembled and Jibril forwarded me and I led the prayer."
- **Coexistence, Tolerance, Love and Peace.** The Prophet said: "All the Prophets are paternal brothers; their mothers are different, but their religion is one."

- **Counsel – advice – sharing experiences**

Ibrahim سُبْحَانَ اللَّهِ، وَالْحَمْدُ لِلَّهِ، وَلَا إِلَهَ إِلَّا اللَّهُ، وَاللَّهُ أَكْبَرُ (Tirmidhi)

Musa ارْجِعْ إِلَىٰ رَبِّكَ فَاسْأَلْهُ التَّخْفِيفَ فَإِنَّ أُمَّتَكَ لَا يُطِيقُونَ ذَلِكَ (Muttafaq)

- **Devotion, sincerity and focus in your Salah/Worship**

مَا زَاغَ الْبَصَرُ وَمَا طَغَىٰ لَقَدْ رَأَىٰ مِنْ آيَاتِ رَبِّهِ الْكُبْرَىٰ

“The sight did not swerve, nor did it transgress. He certainly saw of the greatest signs of his Lord.” (53:17-18)

Lessons of Isra – Mi'raj

يَا أَيُّهَا الَّذِينَ آمَنُوا اجْتَنِبُوا كَثِيرًا مِّنَ الظَّنِّ إِنَّ بَعْضَ الظَّنِّ إِثْمٌ وَلَا تَجَسَّسُوا وَلَا يَغْتَبَ بَعْضُكُم بَعْضًا

O you who have believed, avoid much [negative] assumption. Indeed, some assumption is sin. And do not spy or backbite each other. (49:12)

- **Heedlessness – Disobedient – Unlawful Acts** “I saw people whose heads were crushed with stones. I said, ‘who are these people, Jibrael?’ He replied, these people would not get up for prayers in the morning.
- **Backbiting – Gossip – Spreading Rumours** “I saw people whose tongues and lips were being cut with scissors. I said, ‘who are these people, Jibrael?’ He replied, these are the speakers of sedition (Fitna) who called people to misguidance.
- **Stomachs Full Of Snakes – Consuming Rotten Meat** “When I was taken up to heaven I came upon people who had nails of copper and were scratching their faces and their breasts. I said, ‘who are these people, Jibrael?’ He replied: ‘they are those who were given to backbiting and who aspersed people’s honour’.”

فَأَقِمْوَا الصَّلَاةَ إِنَّ الصَّلَاةَ كَانَتْ عَلَى الْمُؤْمِنِينَ كِتَابًا مَّوْقُوتًا

“re-establish [regular] prayer. Indeed, prayer has been decreed upon the believers a decree of specified times.” (4:103)

إِنَّ أَوَّلَ مَا يُحَاسَبُ النَّاسُ بِهِ يَوْمَ الْقِيَامَةِ مِنْ أَعْمَالِهِمُ الصَّلَاةُ