

الْحَمْدُ لِلَّهِ الَّذِي جَعَلَ الْأَمَلَ فِي قُلُوبِ عِبَادِهِ بَرِيْقًا، وَالْفَأَلَ بِالْخَيْرِ لَهُمْ طَرِيْقًا،
مَنْ رَغِبَ فِيْمَا عِنْدَهُ كَفَاهُ، وَمَنْ قَصَدَ نَوَالَهُ أَمَدَهُ وَأَعْطَاهُ، وَأَشْهَدُ أَنْ لَا إِلَهَ
إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، وَأَشْهَدُ أَنَّ سَيِّدَنَا وَنَبِيَّنَا مُحَمَّدًا عَبْدُ اللَّهِ وَرَسُولُهُ،
وَصَفِيُّهُ مِنْ خَلْقِهِ وَحَبِيْبُهُ، خَيْرُ الْمُتَفَائِلِيْنَ، وَسَيِّدُ الرَّاجِيْنَ، فَاللَّهُمَّ صَلِّ وَسَلِّمْ
وَبَارِكْ عَلَى سَيِّدِنَا وَنَبِيَّنَا مُحَمَّدٍ وَعَلَى آلِهِ وَصَحْبِهِ أَجْمَعِيْنَ، وَعَلَى مَنْ تَبِعَهُمْ
بِإِحْسَانٍ إِلَى يَوْمِ الدِّينِ.

All praise is due to Allah, who has made hope in believers' hearts a glimpse of light and guidance. Whoever is content with what he has and seeks provision from His Lord alone, Allah will give him abundantly.

I bear witness that there is no deity worthy of worship, except for Allah alone without any partners or peers.

I also testify that Muhammad is His Servant and Messenger. He is the Best of His Creation, the Closest to Him, and the master of optimists. May the peace and blessings of Allah be upon him, his family, his companions, and all those who will follow them in righteousness till the Day of Judgment.

Remaining Optimistic

قُلْ يَا عِبَادِيَ الَّذِينَ أَسْرَفُوا عَلَىٰ أَنفُسِهِمْ لَا تَقْنَطُوا مِن رَّحْمَةِ اللَّهِ إِنَّ اللَّهَ يَغْفِرُ الذُّنُوبَ جَمِيعًا إِنَّهُ هُوَ الْغَفُورُ الرَّحِيمُ

"Say, 'O My servants who have transgressed against themselves, do not despair of the mercy of Allah. Indeed, Allah forgives all sins. Indeed, it is He who is the Forgiving, the Merciful'." (39: 53)

- **Honoured humans, removes sins upon repentance, never over burdens**
- **Remove despair, remain strong amidst adversities and remain optimistic**

إِنَّ اللَّهَ عَزَّ وَجَلَّ قَالَ: أَنَا عِنْدَ ظَنِّ عَبْدِي بِي، إِنْ ظَنَّ بِي خَيْرًا فَلَهُ، وَإِنْ ظَنَّ شَرًّا فَلَهُ

"Allah- Exalted is He- says, 'I am just as My servant believes me to be. If he thought well, of me, it will be his, and he thought bad, of me, it would be his'." (Ahmad)

- Musa عليه السلام standing edge of sea, formidable army and ocean, Jews lost all hope

فَلَمَّا تَرَأَى الْجَمْعَانَ قَالَ أَصْحَابُ مُوسَىٰ إِنَّا لَمُدْرِكُونَ قَالَ كَلَّا إِنَّ مَعِيَ رَبِّي سَيَهْدِينِ

"Verily, they are going to reach us, "No! Verily Allah is with us, He will most certainly guide us." (26:61-62)

- **No logical solution, faith in Allah – always expect good of Him**

Remaining Optimistic

إِنِّي لِأَرْجُو أَنْ يُخْرِجَ اللَّهُ مِنْ أَصْلَابِهِمْ مَنْ يَعْبُدُ اللَّهَ وَحْدَهُ لَا يُشْرِكُ بِهِ شَيْئًا

"No but I hope that Allah will let them beget children who will worship Allah Alone, and will worship None besides Him." (Bukhari)

- Good-positive words inspire, heal, strengthen, rejuvenate, grateful - OPTIMISTIC
- Bad-negative words disease, destructive, focus on flaws, ungrateful - PESSIMISTIC
- Prophet ﷺ inspired, guided and lead optimism in words, thought and action
- At home, journey, ease, hardship, safety, fear, anger, pleasure, sickness, health

إِنْ قَامَتِ السَّاعَةُ وَفِي يَدِ أَحَدِكُمْ فَسِيلَةٌ، فَإِنْ اسْتَطَاعَ أَنْ لَا تَقُومَ حَتَّى يَغْرِسَهَا فَلْيَغْرِسْهَا

"if the Final Hour comes while you have a palm-cutting in your hands and it is possible to plant it before the Hour comes, you should plant it."(Bukhari)

مَنْ عَمِلَ صَالِحًا مِنْ ذَكَرٍ أَوْ أُنْثَىٰ وَهُوَ مُؤْمِنٌ فَلَنُحْيِيَنَّهٗ حَيَاةً طَيِّبَةً وَلَنَجْزِيَنَّهُمْ أَجْرَهُمْ بِأَحْسَنِ مَا كَانُوا يَعْمَلُونَ (16:97)

أَنْتَ سَهْلٌ - (Hazn bin Wahb) You name is now ease

إِذَا قَالَ الرَّجُلُ: هَلَكَ النَّاسُ فَهُوَ أَهْلَكُهُمْ - Avoid pessimism

لَا بَأْسَ طَهُورٌ إِنْ شَاءَ اللَّهُ - "No harm will befall you. May Allah cure you!"

Remaining Optimistic

Battle of Ahzab, army 10,000 people, bigger than Madinah population, facing mutiny

“Allahu Akbar! I have been given the keys of Syria “Allahu Akbar! I have been given the keys of Persia “Allahu Akbar! I have been given the keys of Yemen”

- **When world caves in, the ends fail to meet and tests hail after each other, don't despair, revisit life of the Prophet ﷺ :**
- His father died before he could meet him, his mother would die in front of him when he was six, his grandfather would pass away two years later, he would witness the death of all of his children with the exception of one, he would witness the death of his beloved wife, Khadija
- He would kiss his grandchildren whilst knowing that they would be slain, he would see the corpses of his companions having carpeted the battle field, his ankles haemorrhaged after stones were hurled at him, he was the subject of black magic, he and his companions were starved within a valley for three full years
- He was accused with regards to his mind, his honour, his wife, his intellect, the intestines of animals were placed on his neck as he prostrated. And yet, despite all of this, the Prophet would say:

يُعْجِبُنِي الْفَأْلُ “I love optimism”