

الحمد لله الذي أقام بالعدل ملكوت السماوات والأرض، وأعد للظالمين ظلماتٍ  
بعضها فوق بعض، أحمده سبحانه، لا يظلم مثقال ذرة، وإن تك حسنة يضاعفها  
ويؤت من لدنه أجراً عظيماً

وأشهد أن لا إله إلا الله وحده لا شريك له، وأشهد أن سيدنا ونبينا محمداً عبده  
ورسوله، صَلَّى اللهُ وَسَلَّمَ وَبَارَكَ عَلَيْهِ وَعَلَى آلِهِ وَصَحْبِهِ أَجْمَعِينَ، وَعَلَى مَنْ تَبِعَهُمْ  
بِإِحْسَانٍ إِلَى يَوْمِ الدِّينِ.

**All praise be to Allah, who justly established the kingdom of the  
heavens and the earth, and prepared for the wrong-doers  
punishments of torment. I praise the Almighty who does do not  
oppress in the slightest of iotas, and rewards those dividends for  
the smallest of good deeds. And I bear witness that there is no god  
but Allah alone with no partner**

**And I witness that our Master and Prophet Muhammad is His slave  
and Messenger, may Allah bless him, his family, his companions and  
his followers with abundant peace and recognition. Amin**

- Islam is a complete way of code of life and presents a balanced approach to address the core issues of a society, its rights and responsibilities
- Bullying is a form of **Oppression-Zulm**. Islam explicitly forbids all forms of oppression and injustice

“Be on your guard against oppression, for oppression is a darkness on the Day of Resurrection.” (Muslim)

In a Hadith Qudsi, Allah ﷻ has said: ‘I shall take revenge on the oppressor in this life and the next. I shall take revenge on someone who saw a person being oppressed and was able to help him but did not help him.’ (Tabraani)

- **Bullying - Oppression**

إِنَّ اللَّهَ يَأْمُرُ بِالْعَدْلِ وَالْإِحْسَانِ وَإِيتَاءِ ذِي الْقُرْبَىٰ وَيَنْهَىٰ عَنِ الْفَحْشَاءِ وَالْمُنْكَرِ وَالْبَغْيِ يَعِظُكُمْ لَعَلَّكُمْ تَذَكَّرُونَ

“Allah commands justice, good conduct, and openness to kith and kin, and He forbids immorality, bad conduct and oppression (16:90).”

In another Hadith al-Qudsi “My servants, I have made oppression unlawful for Me and unlawful for you, so do not commit oppression against one another (Muslim).”

- **Usurpation:** Another form of oppression is to usurp someone’s property or to take out it without the owner’s permission

“No doubt! Your blood, your properties, and your honour are sacred to one another like the sanctity of this day of yours, in this sacred town (Makkah) of yours, in this month of yours.” (Bukhari)”

- **Bullying leads to bankruptcy:** “The Holy Prophet said: The bankrupt of my Ummah would be he who would come on the Day of Resurrection with prayers and fasts and Zakat but he would find himself bankrupt on that day as he would have exhausted his funds of virtues since he hurled abuses upon others, brought slander against others and unlawfully consumed the wealth of others and shed the blood of others and beat others” (Tirmidhi)

When the Prophet went out of his house, he would say: “In the name of Allah, my Lord, I seek refuge in You from falling into error or going astray, or wrongdoing others or being wronged, and from behaving or being treated in an ignorant manner.” بِسْمِ اللّٰهِ رَبِّ اَعُوذُ بِكَ مِنْ اَنْ اَزِلَّ اَوْ اُضِلَّ اَوْ اُظْلِمَ اَوْ اُظْلَمَ اَوْ اُجْهَلَ اَوْ يُجْهَلَ عَلَيَّ

- **Fighting:** “The Muslim is the brother to the Muslim, he does not cheat him, lie to him, nor deceive him.” (Muslim)
- “Shall I inform you about the people of the Hell fire? They comprise every cruel, violent, proud and conceited person (Bukhari)
- **Threatening With a Weapon:** “He who pointed a weapon towards his brother the angels invoke curse upon him even if he is his real brother so long as he does not abandon it the pointing of weapon towards one's brother Muslim (Muslim)
  - **Intimidation:** “Whoever points at his brother a piece of iron, the angles will curse him until he stops it (Tabrani).”

- **Cursing:** “A true believer should not be an invoker of curse (Muslim).”
- **Mocking:** - Aishah RA: “A woman came to see us. When she left, I gestured with my hand, hinting she was short. At that the Messenger of Allah said: “You have mocked her (Nawawi)”

- **Taunting:** means to provoke someone with insulting remarks or reproach someone in a contemptuous way - *إِنَّا كَفَيْنَاكَ الْمُسْتَهْزِئِينَ*

Indeed, We are sufficient for you against the mockers (15:95)

- **Harshness:** *فَبِمَا رَحْمَةٍ مِّنَ اللَّهِ لِنْتَ لَهُمْ وَلَوْ كُنْتَ فَظًا غَلِيظَ الْقَلْبِ لَانفَضُّوا مِنْ حَوْلِكَ*  
 “And by the Mercy of Allah, you dealt with them gently. And had you been severe and harsh-hearted, they would have broken away from about you (3:159).”

Coarseness and violence are not qualities of Islam

- **Obscenity** - *قُلْ إِنَّمَا حَرَّمَ رَبِّيَ الْفَوَاحِشَ مَا ظَهَرَ مِنْهَا وَمَا بَطَّنَ وَالْإِثْمَ وَالْبَغْيَ بِغَيْرِ الْحَقِّ*  
 Say, "My Lord has only forbidden immoralities - what is apparent of them and what is concealed - and sin, and oppression without right, (7:33)

O you who have believed, let not a people ridicule [another] people; perhaps they may be better than them; nor let women ridicule [other] women; perhaps they may be better than them. And do not insult one another and do not call each other by [offensive] nicknames. Wretched is the name of disobedience after [one's] faith. And whoever does not repent - then it is those who are the wrongdoers. (49:11)